



PRESCHOOL PROGRAMS

Family Drop-in & Circle
Mon. to Thurs. 10 - 11:30am

Baby Rhyme Time
0 – 15 month Fri 10-11:30
Library visits 3rd Friday

ROCK Drop-In “Let’s Chat”
2nd Tues. 9:30-11:30am
Returning soon

German Play Group
annelisa_adam@yahoo.ca

Japanese Play Group
Thurs. 12:15-2:00
hiyokochiclub@gmail.com

Infant Food Bank
Mon-Fri 10am-2pm
Donations accepted

La Hora Del Cuento
Monday 10 - 12am
Looking for a colunter leader

HIPPY– Home Instruction for Parents of Preschool Youngsters
coordinator@hippyoakville.org

Half-day Preschool \$ 12 a day
Mon.-Fri. mornings or afternoons for ages 2.5-5

CHILD & YOUTH PROGRAMS

After School Program \$
Gr. 3-8, Mon- Fri. 3 - 6pm
youth@opnc.ca

Before/After School Program \$
Gr. JK-3, Mon- Fri.7-8:30am & 3-6pm
bacare@opnc.ca

Acorns Education \$
Mandarin language program
acornseducation9@gmail.com

Wu’s Taekwondo \$
bwugbrown@gmail.com

Guides \$
www.girlguides.ca

Wei yan Art Studio \$
yuran527@yahoo.ca

Takallam Academy \$
Arabic language instruction
info@takallam.ca

Just Be You
Peer to peer support
15 - 22 yrs. Fri. 7 - 10pm
[289-291-5434](tel:289-291-5434)

Summer Camp & PD Day Program \$
7-12yrs. Mon – Fri 1-5pm
youth@opnc.ca

SOS Kids \$
Babysitting & home safe
www.sosfistaid.ca

ADULT PROGRAMS & POVERTY SUPPORTS

First Aid Clinics \$
www.sosfirstaid.ca

Adult Recreation Summer Camp \$
16yrs. and up Mon-Fri 1-5pm

Mobility Support Program
Donations accepted
hello@opnc.ca

Yoga \$
susannetoito@gmail.com

Free Seniors Program 50+
Exercise Programs Mon & Tues by Lifemark. To register call 1-800-315-4417
Once a month Friday chat
hello@opnc.ca

Tawasol Newcomer Support
mayeabdelshafy@yahoo.com

Finding Hope Support Group
Wed. 10 - 11:30am hope@opnc.ca

Churchill Harm Reduction
Supports for people in the College Park area
connector@opnc.ca

Food Bank, Clothing, Household & Housing Supports
Registration req’d hello@opnc.ca

Utility, OESP & Budget Support
Weds. & Thurs. 11:30 - 2:00pm
community@opnc.ca

Tax Completion- support@opnc.ca

Micro Loan Program
Interest Free short term loans
support@opnc.ca

SUPPORT, CONNECT, CONTRIBUTE

People Belong, Families are Strong, Neighbours Care, Everyone Shares.

Annual suggested tax receipted donation is \$60 a year per family. Waived on request. We are a registered charity 85540 2244 RR0001
2200 Sawgrass Dr. Oakville (905) 257-6029 www.opnc.ca hello@opnc.ca