

Oak Park and beyond

Our members live well beyond the border of our Oakville neighbourhood. Many of our services help people across all of Halton.

We are a welcoming community, supporting each other through a broad depth of diverse programs & resources to build friendships, strengthen our children & create healthy neighbourhoods.

To relieve poverty, provide education, support, recreational & social opportunities for people of all abilities and ages.

We are a registered charity, community-based agency that began in 1999 with 6 women and their children gathering together in their Oak Park homes as Oak park Moms and Tots. From there we expanded year by year to respond to and meet the expressed needs of Halton Region residents.

Our centre has been set up to be a non-institutional, barrier free space, so that it is welcoming to everyone. It is a reflection of

the needs, talents and gifts of our neighbours and friends so that it is relevant to the whole community. We believe in supporting the whole community together, regardless of income level, age, or background. We ensure barriers to participation are reduced so that we reflect a multicultural and financially diverse membership.

We are an agency that steps up when there are no resources available for people who are struggling. We advocate to find a solution so that people can get back on their feet with dignity.

We are known as an agency that is a good steward of the funds that are donated to us. We keep costs low by relying on skilled volunteers, operating within our set budget and being resourceful. Paying off our mortgage last year has significantly reduced our monthly expenses.

5,111
MEMBERS SERVED
THIS YEAR ACROSS HALTON

40%
ARE NOT BORN
IN CANADA

60%
LIVE BELOW
THE POVERTY LINE

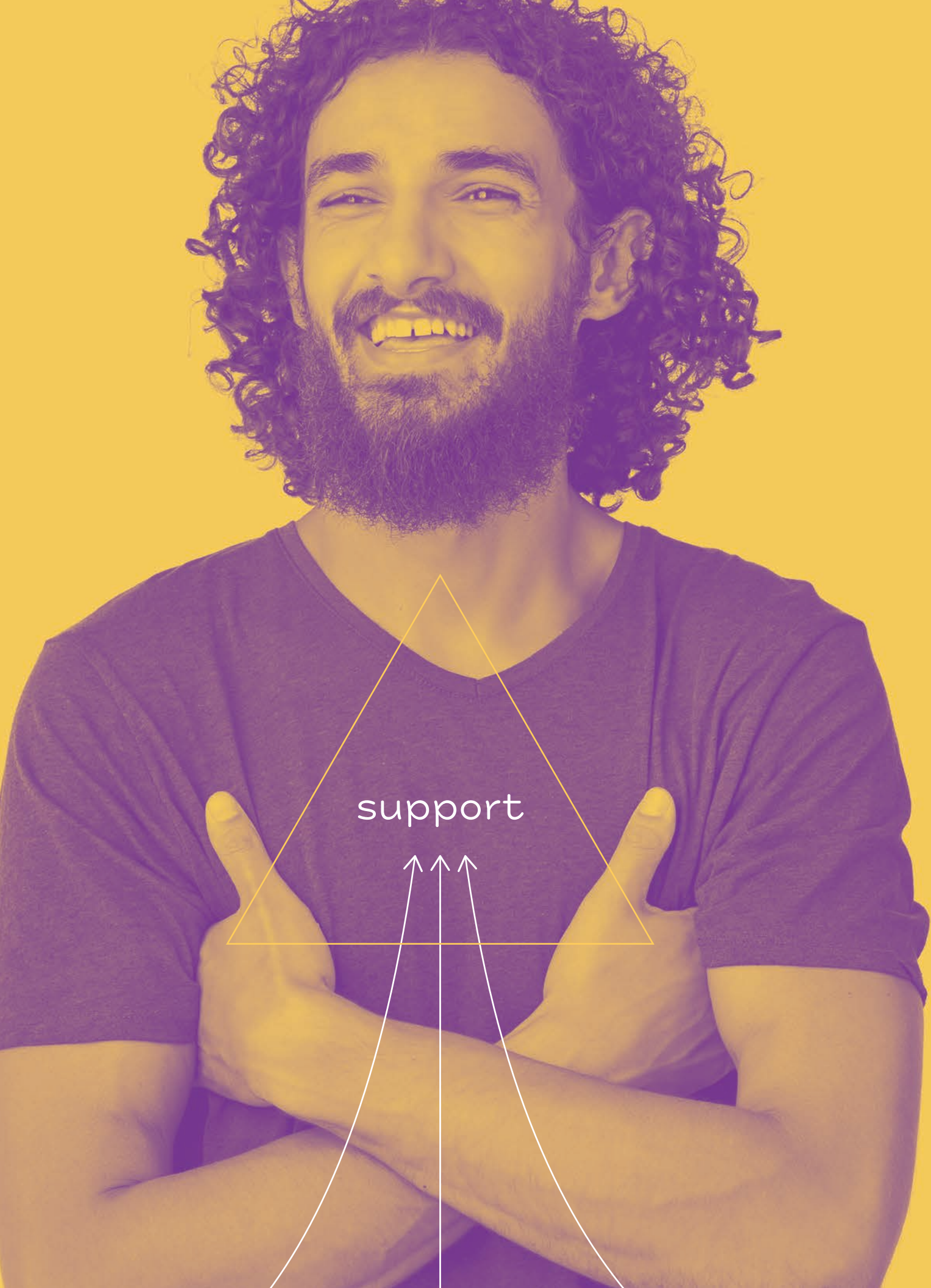
47
LANGUAGES
SPOKEN (and we
speak some too)

20,552
SERVED SINCE INCEPTION



For the past 10 years, and after rigorous review, we are proud to be one of **ONLY 10 AGENCIES IN OAKVILLE** to receive this prestigious accreditation for operations and governance. With Imagine Canada Accreditation everyone know that their **GOODWILL IS IN GOOD HANDS.**

We go to **GREAT DEPTHS** to support, connect, & engage.



375

HOUSEHOLDS

552

ADULTS

293

CHILDREN

accessed our **FOOD SECURITY PROGRAMS** available five days a week.

\$6,941,308

put in peoples pockets this year by filing **1,547 TAX RETURNS**, providing utility support for **214 HOUSEHOLDS**, and providing **8 INTEREST FREE LOANS**.

EMPOWERED AND INFORMED

A single parent living in social housing had a water leak, putting them in arrears. We coordinated an **ONTARIO ENERGY SUPPORT CREDIT** of \$51/month, paid her outstanding hydro bill, and reached out to the region advocating for the repair. The leak was finally fixed, and they are now armed with valuable information on how to reduce costs and advocate for themselves.

35

PEOPLE ARE
NO LONGER HOMELESS

1,365

households supported with budgeting,
FINANCIAL EMPOWERMENT, and financial literacy



409

ADULTS

SUPPORTED IN THE LAST YEAR

191

CHILDREN

165

NALOXONE KITS

distributed, **REDUCING FATAL OVERDOSES** and the number of overdose emergency calls

70

CLIENTS

struggling with mental health and addiction, successfully meeting two or more personal goals to **MOVE TOWARDS INDEPENDENCE**

A FRESH START

We supported an unhoused person who was being trafficked and abused, with an **ADAPT NURSE PRACTITIONER**. Together, we filled out paperwork to obtain ID, completed tax returns, and filed a Halton housing application. They are now on their way to recovery.



218

CHILDREN

supported in school age
and PRESCHOOL PROGRAMS

329

PARENTS AND CHILDREN

participated in family
DROP-IN PROGRAMS

SNAP®

STOP NOW AND PLAN

SNAP HELPS AT-RISK CHILDREN AND THEIR PARENTS LEARN HOW TO EFFECTIVELY MANAGE THEIR EMOTIONS AND “KEEP PROBLEMS SMALL.” SNAP is an evidence-based, cognitive-behavioural model powered by the minds at Child Development Institute (CDI). Delivered in partnership with Milton Community Resource Centre, and with funding from Region of Halton.

\$56,000

raised at our award winning 26TH ANNUAL FALL
FAIR, hosting over 4000 PEOPLE

56

SENIORS

attended programs up
to three times a week,
including LIFEMARK
SENIORS EXERCISE
programs and weekly
social program

12

WOMEN

supported through
weekly FINDING HOPE
PEER SUPPORT PROGRAM
to uplift and encourage
each other to meet goals

75

FAMILIES

supported through
COLLABORATIVE PROBLEM
SOLVING workshops,
learning new ways to
respond to their child’s
challenging behaviours.



680

WEEKLY MEALS

for vulnerable seniors provided by **FOUR VOLUNTEERS**

79

CHRISTMAS TURKEYS

donated by the community to make the holidays bright

\$50,373

donated by the community, local teams, churches, and businesses, providing holiday cheer for:

195

CHILDREN

177

ADULTS

29

SENIORS

Grand friends

PROGRAM FOR CHILDREN AND OUR SENIOR COMMUNITY TO INTERACT. programs include a watermelon social with a Carnival day with ring toss, chicken toss, hula hoops, and more.

71

CHILDREN'S BACKPACKS

filled with supplies to give them a great start to their year.

8

PEOPLE SUPPORTED

with equipment through our MOBILITY EQUIPMENT PROGRAM with community donations

24,571 lbs

of food to support local food banks from our **11TH ANNUAL OAKVILLE FOOD DRIVE**. 500 volunteers from local faith communities collected 2,355 bags.

engage

Preschool programs

Family Drop-in & Circle

Mon. to Thurs. 10-11:30am
Public Health visit
1st Monday of the month
ROCK visits 3rd Tuesday of the month

Family Playtime

0-24 months
Monday's 12:30-2pm

Baby Rhyme Time

0-15 months (non-walkers)
Fri 10-11:30am
Library 3rd wk &
Health Dept. 4th wk.

German Play Group

annelisa_adam@yahoo.ca

Japanese Play Group

Thurs. 12:15-2:00pm
hiyokochickclub@gmail.com

Infant Food Bank

Mon-Fri 10am-2pm
Donations accepted

La Hora Del Cuentro

Tuesdays 10-11:30am
hello@opnc.ca

HIPPY

Home Instruction for Parents of Preschool Youngsters
coordinator@hippyoakville.org

Half-day Preschool \$

Ages 2.5-5
Mon-Fri half-day

Breastfeeding Café

3rd Tuesday of the month 1-2pm

Child & youth programs

Before & After School Care \$

JK-8
Mon- Fri 7:30-8:30am & 3-6pm
youth@opnc.ca

Acorns Education \$

Mandarin language program
acornseducation9@gmail.com

Wu's Taekwondo \$

bwubrown@gmail.com

Cooking Classes

shyamaladupont@gmail.com

Wei Yan Art Studio \$

yuran527@yahoo.ca

Unsinkable-Just Be You

Tuesday 7pm
Text/Call 289-230-9416

Just Be You-Adapt

16-24 years
Thursday 6:30
Text/Call 905-580-9652

Halton Math and Coding \$

info@haltonmathcoding.com

Reader's Theatre Gr 2-5

Tues 4:30-5:30pm
sknmak@gmail.com

School Age Summer Camp \$

Mon-Fri 1-5pm
youth@opnc.ca

SOS Kids \$

Babysitting & home safe
www.sosfistaid.ca

Guides \$

www.girlguides.ca

Adult programs & poverty support

First Aid Clinics \$

www.sosfirstaid.ca

Free Mobility Support Program

Providing mobility equipment
Donations accepted
hello@opnc.ca

Churchill Neighbourhood Centre

125 North Serv Rd E.
Poverty & harm reduction
support.navigators@opnc.ca

Free Seniors Programs 50+

Lifemark Exercise Program
Tues & Fri. 1-4pm
1-800-315-4417 to register
Weekly Seniors Weds chat
laila.hulays@gmail.com

Tawasol Newcomer Support

mayeabdelshafy@yahoo.com

Finding Hope Support Group

Wed 10-11:30am
hope@opnc.ca

Food, Clothing, General Support

Registration required
hello@opnc.ca

Utility Funds & Budget Support

Wed & Thur 11:30am-2:00pm
community@opnc.ca

Year Round Free Income Tax

Completion support@opnc.ca

Micro Loan Program

Interest Free short-term loans
support@opnc.ca

A SPECIAL THANK YOU to those volunteers who provide weekly support and programs

COMMUNITY GARDEN & MEAL

Patty O'Connor
Aki Tanaka
Sue Manson
Mary Beth Neibert

FOOD BANK

Jean Mohamed
Lisa Brown
Jacquie Tancoo
Rahila Dhansi
Wendy Long
Marko Stupar
Steven Reist
Jay Shirodker
Judy Taylor
Barb Sheehan

CHURCHILL

David Knoll
Ryan Sinai
Laila Hulays
Ron Ball
Kyla Guerriero
Esha Garrioch
Susana Yrigoyen
Nabil Haider
Ryszard Geboryst
Sean Lawrie
Nargis Taylor
Josh Churchill
Joo-Meng Soh
Rosanna Soh
Rose Gamble
Robyn Michell
Carrie Turcotte

TAWASOL

Maye Abdul Shafy

FRONT DESK SUPPORT

Arielle Reid

HOPE SUPPORT VOLUNTEER

Carole Bertuzzi

MAINTENANCE COMMITTEE

Sean Lawrie

Jamie Bay

Todd Frith

Jonathan Flores

SILENT AUCTION

Geraldine McRae

VOLUNTEER HOURS

Sharon DeVellis

HUMAN RESOURCES

Wendy Alderdice

BOOKKEEPING

Hani Enan

Lisa Yukich

IT SUPPORT

Jeff Knoll

Evan Williams

COMMUNICATION DESIGN & BRAND MANAGER

Carmelo Galati

WEBSITE COMMITTEE

Giselle Arnold

Gisela Briceno

JAPANESE PROGRAM

Kanna Suzuki

GERMAN PROGRAM

Annelisa Adam

TAX VOLUNTEERS

Kevin Farrell

Keri Tabet

Natalia Chang

Xin Zhang

Kellin Enslev

10,513 hours contributed by 651 volunteers last year

Staff

Michelle Knoll,
Executive Director

Paige Lauer,
Early Years & Community Support Manager

Charlene Abrahams,
Family Resource Manager

Teresa Casciani,
Administrator

Nurali Mukha,
Community Financial Worker

Anna Plichtowski,
School Age Care Teacher

Shifaa Malik,
School Age Care Teacher

Vesna Rabba,
Preschool Lead Teacher

Isabella Rossit,
Youth Program Manager

Latifah Thompson,
Churchill Neighbourhood Centre Manager

Heather Tompkins,
Finding Hope Support Leader

Carrie Turcotte,
Special Events Coordinator

Sue Vernon-Smith,
Financial Literacy Coordinator

Chris Alexiou,
CPS Parenting Workshops

Board

Joe Mauro, Chairperson

Elizabeth Peck, Vice Chair

Star Helmer, Secretary

Rachel Li, Treasurer

Anne Cesak, Director

Jamie Bay, Director

Lambrina Nikolaou, Director

Diane Melo, Director

Patty Whyte, Director

Jesse Leonard, Director

Key financial sponsors

Halton Region

Ontario Trillium Foundation

Ian & June

Canada Summer Jobs Program

Oakville Hydro

CLV InterRent

The Charis Foundation

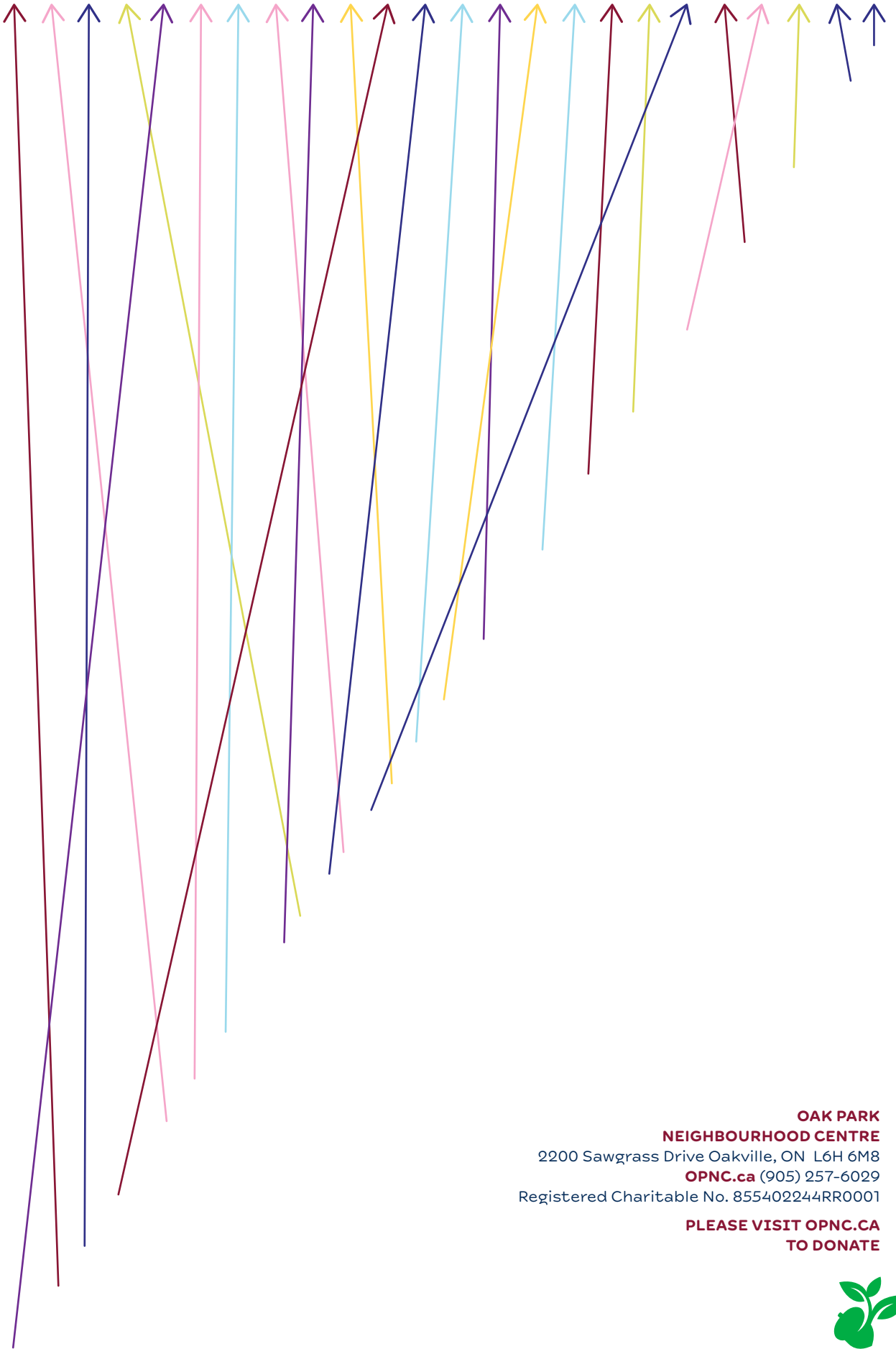
Province of Ontario, Ministry of Tourism, Culture & Sport

Carma Inc.

Co-Operators, Matthew Donohue Insurance Associates Inc.

Film.ca

Councillor Jeff Knoll



OAK PARK
NEIGHBOURHOOD CENTRE
2200 Sawgrass Drive Oakville, ON L6H 6M8
OPNC.ca (905) 257-6029
Registered Charitable No. 855402244RR0001

**PLEASE VISIT OPNC.CA
TO DONATE**

