



Oak Park Neighbourhood Centre

PRESCHOOL PROGRAMS



Family Drop-in & Circle
Mon. to Thurs. 10-11:30am
community@opnc.ca

Half Day Preschool (\$)
2.5-5 yrs.
community@opnc.ca

Infant Food Bank
Mon. to Fri. 10am-2pm
Donations accepted
hello@opnc.ca

Japanese Play Group
Thur. 12:15-2pm
kiyokochikclub@gmail.com

ROCK Reach Out Centre for Kids
3rd Tues. of the mth.

Parent led Family Playtime
Mon. 12:30-2pm 0-3 yrs.

Breastfeeding Café
3rd Tues. of the mth.
1-2pm
kristen@nourishthem.ca

German Play Group
2nd Fri. 1-2:30pm
annelisa_adam@yahoo.ca

Baby Rhyme Time
Friday 10-11:30am
0-15 months (non walkers)
Library - 3rd Friday
Public Health - monthly

HIPPY
Home Instruction for Parents of
Preschool Youngsters
coordinator@hippyoakville.org

La Hora Del Cuento
hello@opnc.ca

CHILD & YOUTH PROGRAMS



School Age Care (\$)
Grades JK to 8
youth@opnc.ca

Reader's Theatre
Gr. 2-5
sknmak@gmail.com

Acorns Education (\$)
Mandarin language program
acornseducation9@gmail.com

SOS 4 Kids (\$)
Babysitter training, Home Alone
& My Safe Life
www.sosfirstaid.ca

Summer Camp (\$)
4 to 12 yrs
Mon. to Fri. 1-5pm
youth@opnc.ca

Just Be You - ADAPT
16-24 years
Thurs. 6:30-8:00pm
ashleyr@haltonadapt.org

Wei Yan Art Studio (\$)
yuran527@yahoo.ca

Guides (\$)
www.girlguides.ca

SNAP 6 to 11 years
Behavioural Support Family
Program
cabrahams@opnc.ca

Just Be You - Unsinkable
16-24 yrs
Tues. 7-8:30pm
Call/text (289) 230-9416

Wu's Taekwondo (\$)
bwugbrown@gmail.com

Halton Math and Coding (\$)
info@haltonmathcoding.com

Do you have a program idea?
Let us know hello@opnc.ca

Cooking Classes (\$)
shyamala.dupont@gmail.com

ADULT PROGRAMS



Churchill Neighbourhood Centre

125 North Service Rd E
navigator@opnc.ca
(905) 257-6029 x109

Wraparound supports for
vulnerable people
struggling with
poverty, housing, health,
employment, food, &
harm reduction

**Mobility Equipment
Support**
hello@opnc.ca

Interest Free Loans
support@opnc.ca

Tawasol Newcomer Support
mayeabdelshafy@yahoo.com

Utility and Budget Support
Wed. & Thur. 11:30-2pm
community@opnc.ca

Lifemark Seniors Exercise
Tue. & Fri. 1-4pm
1-800-315-4417 to register

Weekly Seniors Chat
laila.hulays@gmail.com

**Women's Finding Hope
Support Group**
Wednesday 10-11:30am
hope@opnc.ca

**Year-round Income Tax
Completion**
support@opnc.ca

SOS First Aid Training (\$)
www.sosfirstaid.ca

Sound Journey (\$)
info@luisareyes@gmail.com

**Food Bank, Clothing,
Household & Housing
Support** Registration req'd.
hello@opnc.ca

SUPPORT, CONNECT, ENGAGE

People Belong, Families are Strong, Neighbours Care, Everyone Shares

Annual suggested donation of \$60 a year for family drop-in programs (waived on request).

Registered Charity 85540 2244 RR0001

2200 Sawgrass Dr. Oakville and 125 North Service Rd. E. Oakville

www.opnc.ca

(905) 257-6029

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