

4.642
members SERVED this
year across Halton

80% live BELOW the poverty line

29
LANGUAGES SPOKEN
(and we speak some too)

Our members live well beyond the border of our Oakville neighbourhood. Many of our services help people ACROSS ALL OF HALTON.

22 7 7 9 8 served SINCE 1999

Our CENTRE has been set up to be a NON-INSTITUTIONAL, BARRIER FREE SPACE, so that it is WELCOMING TO EVERYONE.

It is a REFLECTION OF THE NEEDS, TALENTS and GIFTS of our NEIGHBOURS and FRIENDS so that it is RELEVANT to the whole community.

WE BELIEVE in supporting the whole community together, REGARDLESS OF INCOME LEVEL, AGE, or BACKGROUND. WE ENSURE barriers to participation are reduced so that we reflect a MULTICULTURAL & FINANCIALLY DIVERSE membership.

THE CENTER'S MISSION is to SUPPORT, COMECT & ENGAGE the community in every program that we run, and in all partnerships to build a healthier Halton. To do this WE HELP EVERYONE, but we specifically reach out to PEOPLE WHO ARE STRUGGLING MORE THAN OTHERS, to connect them to services and the larger community.

SUPPORT means we meet you where you are at and assist with challenges.

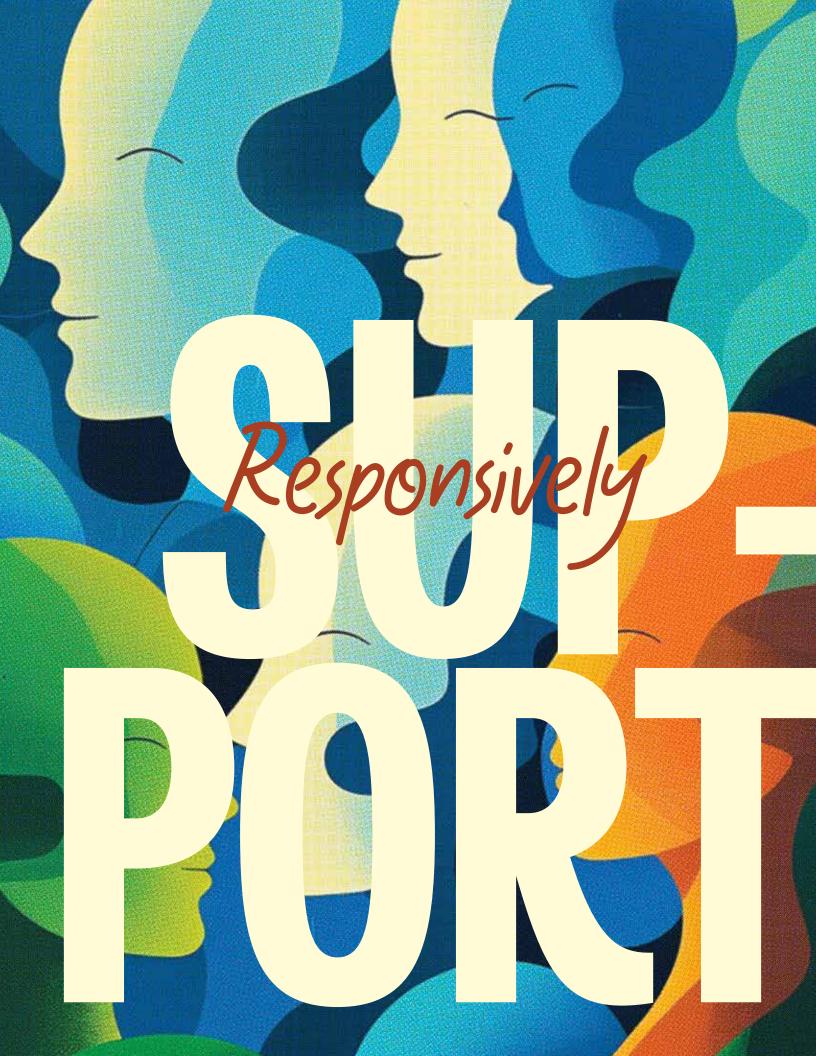
We COMECT you to other people, services and new opportunities.

We ENGAGE people with the broader community needs and provide opportunities to share your talents, gifts, culture, and ideas with others.

THESE THREE THINGS HELP PEOPLE WHEN THEY NEED IT MOST,

building friendships and support networks that increase capacity, empathy, understanding, and community for a healthier Halton.

We believe in a community where we all come together to support each other. Come Join us - YOU'LL BE GLAD YOU DID!



468

627

268

Households

Adult

Children

accessed our FOOD SECURITY PROGRAMS available five days a week

43

people are NO LONGER
HOMELESS thanks to
our support with taxes,
housing search. ID clinics,
and advocacy with
our partners.

\$6,864,132

PUT IN THE POCKETS OF 1,987 PEOPLE struggling financially through tax completion, microloans, utility and recreation supports.

1,394

HOUSEHOLDS SUPPORTED with budgeting and financial literacy support.



487

households SUPPORTED WITH WRAP AROUND SERVICES.

310

ngloxone kits distributed,
SIGNIFICANTLY REDUCING
EMERGENCY CALLS

161

clients struggling with mental health successfully MEETING TWO OR MORE LIFE GOALS



64

seniors attended programs three times weekly, including
 LIFEMARK SENIORS EXERCISE PROGRAMS & weekly social programs

254

parents and children participated in FAMILY DROP-IN PROGRAMS

173

parents and children SUPPORTED THROUGH PROGRAMS INCLUDING:

11-week SNAP program helping at-risk children and their parents to keep problems small; inclusion supports & Collaborative Problem-Solving workshops, to learn new ways to understand and respond to challenging behaviours.

4,000

people at our AMUAL FALL FAIR with 50 exhibitors, entertainers, inflatables, movie, BBQ and silent auction raised:

\$60,000

21

women participated in the program, to UPUFT, SUPPORT AND ENCOURAGE each other to meet life goals.

234

children aged 2 to 12 supported in childcare programs to INCREASE SELF-ESTEEM and build a sense of community.



92

STUDENT BACKPACKS Filled by the community for a successful start to the school year.

\$47,960

IN ITEMS DONATED by the community, local teams, churches and businesses to provide Holiday Cheer

252 261

Children

49

Seniors

24,571 lbs

of food to support local food banks from our 16th annual Oakville Food Drive. 500 VOUNTEERS from local faith communities collected 2,355 BAGS.

12

people supported with **MOBILITY EQUIPMENT** through a community initiative

680

WEEKLY MEALS and **COMMUNITY GARDEN HERBS** and vegetables provided by local volunteers

56

STUDENT VOLUNTEERS joined us to develop their skills, confidence, empathy and learn about the importance of community building.

PRESCHOOL PROGRAMS

FAMILY DROP-IN & CIRCLE

Monday to Thursdays 10-11:30am

PUBLIC HEALTH VISIT

1st Monday of the month

FAMILY PLAYTIME

0-24 months Mondays 12:30-2pm

BABY RHYME TIME

0-15 months (non-walkers) Fridays 10-11:30am

LIBRARY

3rd week
HEALTH DEPT.

4th week

GERMAN PLAY GROUP

annelisa_adam@yahoo.ca

JAPANESE PLAY GROUP

Thursdays 12:15-2:00pm hiyokochickclub@amqil.com

INFANT FOOD BANK

Monday-Friday 10am-2pm Donations accepted

LA HORA DEL CUENTRO

Tuesdays 10-11:30am hello@opnc.ca

HIPPY

Home Instruction for Parents of Preschool Youngsters coordinator@hippyoakville.org

HALF-DAY PRESCHOOL \$

Ages 2.5-5 Monday-Friday half-day

BREASTFEEDING CAFÉ

3rd Tuesday of the month 1-2pm

CHILD & YOUTH PROGRAMS

BEFORE & AFTER SCHOOL CARE \$

JK-8 Monday-Friday 7:30-8:30am & 3-6pm youth@opncca

ACORNS EDUCATION \$

Mandarin language program acomseducation9@gmail.com

WU'S TAEKWONDO \$

bwubrown@gmail.com

WEI YAN ART STUDIO \$

yuran52w7@yahoo.ca

UNSINKABLE-JUST BE YOU

Tuesdays 7pm Text/Call 289-230-9416

HALTON MATH AND CODING \$

info@haltonmathcoding.com

SCHOOL AGE SUMMER CAMP \$

Monday-Friday 1-5pm youth@opnc.ca

SNAP

ages 6-11 years

BEHAVIOUR SUPPORTS & FAMILY PROGRAMS

cabrahams@opnc.ca

WE SING \$

Sundays bpm We singcanada.com

POLISH SCOUTING \$

Thursdays 6:30pm kaszuby@watra.zhpkanada.org

PATHFINDERS \$

Tuesdays 6:45pm www.girlguides.ca

WONDERLAND KIDS DRAMA STUDIO \$

Sundays noon Inessa.by@gmail.com

SOS KIDS \$

Babysitting & home safe www.sosfistaid.ca

GUIDES \$

www.girlguides.ca

ADULT PROGRAMS & POVERTY SUPPORT

FIRST AID CLINICS \$

www.sosfirstaid.ca

FREE MOBILITY SUPPORT PROGRAM

Providing mobility equipment
Donations accepted
hello@opnc.ca

WEEKLY SENIORS WEDS CHAT

laila.hulays@gmail.com

CHURCHILL NEIGHBOURHOOD CENTRE

125 North Service Rd E. Poverty, unsheltered & harm reduction navigator@opnc.ca

FINDING HOPE SUPPORT GROUP

Wednesdays 10-11:30am hope@opnc.ca

FREE SENIORS PROGRAMS 50+

Lifemark Exercise Program Tuesdays & Fridays 1-4pm 1-800-315-4417 to register

FOOD, CLOTHING, GENERAL SUPPORT

Registration required hello@opnc.ca

UTILITY FUNDS & BUDGET SUPPORT

Wednesdays & Thursdays 11:30am-2:00pm community@opnc.ca

YEAR ROUND FREE INCOME TAX

Completion support@opnc.ca

MICRO LOAN PROGRAM

Interest Free short-term loans support@opnc.ca

A special THANK YOU to those volunteers who provide **WEEKLY SUPPORT AND PROGRAMS**

CHURCHILL PROGRAM

Laila Hulays Nargis Taylor Ryan Singi Carrie Turcotte Seon Lawrie Oyinda Bashorun Ŕon Ball Anne Wilson Katherine De La Cruz Susana Yrigoyen Rehana Iftikhar David Knoll

Kyla Guerriero

Megzing Janbali

Diana Ricketts

Rose Gamble

HOPE SUPPORT

Carol Bertuzzi

IT SUPPORT

Jeff Knoll Evan Williams

COMMUNICATION DESIGN & BRAND MANAGER

Carmelo Galati

UTILITY SUPPORT

Leanne Dancuart

DROP IN

Anne Adams Kanna Suzuki Kristen Monaghan

FOOD BANK

Monica Desgi Jean Mohammed Geraldine McRae Wendy Long Marko Stupar Jayant Shirodker Steven Reist

Rahila Dhansi

Jacquie Tancoo

Frange Stupar

COMMUNITY GARDEN & MEAL PROGRAM

Patty O'Connor Aki Tanaka Sue Manson Mary Beth Neibert

TAWASOL

Maye Abdul Shafy

FRONT DESK SUPPORT

Arielle Reid

MAINTENANCE

Jamie Bay Jonathan Flores

SILENT AUCTION

Geraldine McRae Elizabeth Peck

TAX CLINIC

Kevin Farrell Natalia Chana Keri Tabet

Srikala Sivakumar Renzie Persad Sara Chin Tracy Zhang Xin Zhana Kellin Enslev Trevor Tafri

VOLUNTEER HOURS

Sharon DeVellis

HUMAN RESOURCES

Wendy Alderdice

SENIORS

Laila Hulays

10,103 HOURS contributed by 439 VOLUNTEERS last year

STAFF

MICHELLE KNOLL

Executive Director

PAIGE LAUER

Early Years & Community Support Manager

ROCHELLE HEDMAN

Youth Program Manager

LATIFAT THOMPSON

Churchill Program Manager

NURALI MUKHA

Financial Wellness Manager

CHARLENE ABRAHAMS

Family Resource Manager

LISA BROWN

Food Program & Engagement Manager

HEATHER TOMPKINS

Finding Hope Program Leader

LISA YUKICH

Accounting & Tax Program Administration

KAREN BUCK

School Age Leader

BLAIR YOUNG

School Age Leader

VESNA RABBA

Preschool Lead Teacher

ALISON LEE

Assistant Preschool Teacher

CHRIS ALEXIOU

CPS Parenting Workshop

JESSICA BELANGER, JAMIE BRASSARD, DEAMA BURNS

Snap Program Leaders

BOARD

Anne Cesak Chairperson

Lambring Nikolgou Vice chairperson

Rachel Li Treasurer

Eman Galal Secretary

Jamie Bay

Digne Melo

Pat Whyte

Keith Kasselman

Adeola Onafuwa

KEY FINANCIAL SPONSORS

Halton Region Canada Summer Jobs Ogkville Hydro Ign & June

CLV Group RBC Ontario Ministry of Sport Co-operators- Matthew Donohue Film.ca Councillor Jeff Knoll Rotary Oakville Traffalgar



OAK PARK NEIGHBOURHOOD CENTRE

2200 Sawgrass Drive Ogkville, ON L6H 6M8

OPNC.ca (905) 257-6029

Registered Charitable No. 855402244RR0001

PLEASE VISIT OPNC.ca TO DONATE